



Profile: Ari Cowan

ARI COWAN is a writer, theorist, and artist living in the Pacific Northwest. His current focus is on exploring the ontological questions human beings face and the relationship of these questions to issues of power and control, meaning, value, learning, and choices. He developed a new model for understanding and responding to violence. The “Violence Integrative Prevention and Restoration (PAR) Model” is described in his two forthcoming books. It is also the subject of many of his presentations. A derivative model, the “Integrative Power Management (IPM) Model” is intended for a more global application in human dynamics.

Mr. Cowan was a member of the adjunct faculty of the University of California, Irvine Graduate School of Management (Irvine, California) for eight years. He served as a member of the Workplace Violence Task Force of the University of Washington Graduate School of Public Affairs, Institute for Public Policy and Management. He is the recipient of the national public health award from the US affiliate of the international physician organization which received the 1985 Nobel Prize for Peace. He also received the Association for Human Resource Professionals’ *1990 Award for Excellence in Human Resources* — the highest award granted by that organization.

Mr. Cowan is the author of eight human resources/health benefits management reference works. Current book projects include *Violence and the Alchemy of Being*, *Acts of Courage*, *Acts of Cowardice: Transcending the Culture of Violence*, and *Principia Americana: The Evolution of the American Spirit*.

Mr. Cowan displayed his photographic work at the 1974 World’s Fair; served as a film reviewer for *The Daily Journal-American* newspaper in Bellevue, Washington; and spent two years as the film reviewer on the Seattle PBS television affiliate. The late science-fiction author Philip K. Dick (*Blade Runner*) acknowledged Mr. Cowan as “a new and original thinker.” Mr. Cowan was cited — along with former President Jimmy Carter, 1980 Nobel Prize recipient Adolfo Pérez Esquivel, and others — for his assistance in bringing the first edition of *The International Bill of Human Rights* to publication.

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